

Exclusion Criteria for Day Surgery Candidacy

It is recommended that a surgical Hip or Knee Arthroplasty patient is eliminated from consideration for day surgery by using the following exclusion criteria. Ultimately, selection of appropriate patients for day surgery is at the surgeon's discretion. In summary, anything that would warrant holding a patient for extended observation would be a reason to exclude them from day surgery.

Exclusion Criteria
<u>Medical Risk Factors</u>
Neurological/Psych <ul style="list-style-type: none"> Neurological disorders diagnosed within the last 3 months eg. CVA/TIA, Parkinsons, MS Recently medicated severe anxiety
Cardiovascular <ul style="list-style-type: none"> Any recent significant cardiac disorder not deemed appropriate for same day surgery by medicine service, i.e. may require longer observation or investigations post operatively due to high risk of complications
Pulmonary <ul style="list-style-type: none"> Any recent significant respiratory disorder not deemed appropriate for same day surgery by medicine service i.e. may require longer observation or investigations post operatively due to high risk of complications Sleep apnea patients that have demonstrated non-compliance with CPAP
GI/GU <ul style="list-style-type: none"> Recent Post Operative Urinary Retention (POUR), untreated urological retention, use of urologic meds such as used to treat overactive bladder, urinary devices Impaired renal function (creatinine clearance <30 ml/min), Chronic Kidney Disease (CKD), Acute Kidney Injury (AKI) with past surgery, dialysis history Treatment with a major CYP3A4 substrate or potent CYP3A4 inhibitor
Endocrine <ul style="list-style-type: none"> A1C >7.5 Any recent significant endocrine disorder not deemed appropriate for same day surgery by medicine service i.e. may require longer observation or investigations post operatively due to high risk of complications
Hematology <ul style="list-style-type: none"> Recent bleeding disorder, anemia, sickle cell Recent VTE
Medications <ul style="list-style-type: none"> On steroids, immunosuppression Contraindication to drugs included in the Provincial H&K Order Sets Anyone who is on a regularly dosed narcotic (e.g. oxycodone, hydromorphone, morphine)
<u>Other</u> <ul style="list-style-type: none"> Patient reluctant to have day surgery
Musculoskeletal/mobility <ul style="list-style-type: none"> Revision, bony abnormality making case "not typical/complex primary" Mobility limitations and/or chronic pain limiting mobility in lower extremity and/or upper extremity

Living Situation

- Absence of competent and capable support at home for day of discharge through POD #2
 - Locomotor or physical handicaps preventing safe post-op mobilization
- Language barriers – with poor translation support